



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>OPTION 1</b>	Omelettes 2,4,7 Seasonal Wedges 2 Seasonal Vegetables	Meatballs in 2,13 Gravy or Tomatoe Sauce 2,13 Creamed Potato 7 Seasonal Vegetables	Chicken Breast Burger 2 Seasonal Wedges 2 Homemade Coleslaw 4,7,9 Chicken Tikka Masala 7,9 Rice Seasonal Vegetables	Roast Chicken Stuffing 2 Creamed Potato 7 Roast Potatoes Seasonal Vegetables Gravy	Battered Fish 2,5 Fish Cakes 2,5,13 Chips Peas / Mushy Peas / Beans
<b>For Allergens see numbers in brackets next to each dish and refer to the table below</b>					
<b>OPTION 2</b>	Cheesy Pasta Bake 1-2-7 Garlic Bread 2-4-7 Seasonal Vegetables	Spicy Vegetable wrap 2-7 Seasonal Wedges 2 Seasonal vegetables	Vegetable Burgers (v) 1_2_4 Seasonal Wedges 2 Homemade Coleslaw 4-7-9 Seasonal vegetables	Quorn Roast 4,7 Stuffing 2 Creamed Potato 7 Roast Potatoes gravy Seasonal vegetables	Fishless Finger 1,2 Chips Peas /Mushy Peas Beans
<b>DESSERT CHOICE</b>	Chocolate Crunch 2,4,7 Custard 7 Fresh Fruit salads Whip 7 Cheese and crackers 2,,7 Yoghurts 7 Jelly	Orange and Lemon Shortcake 2,4,7 Custard 7 Fresh Fruit Salad Whip 7 Cheese and crackers 2,7 Yoghurts 7 Jelly	Ice Cream 7 Fresh Fruit Salad Whip 7 Cheese and Crackers 2,7 Yoghurts 7 Jelly	Strawberry Slice 2,4,7 Fresh Fruit Salad Jelly Whip 7 Cheese and crackers 2,7 Yoghurts 7	Chocolate Eclairs 2,4,7 Melting Moment Biscuits 2,4,7 Whip 7 Cheese and Crackers 2,7 Yoghurts 7

We also offer Jacket Potatoes with various fillings (4,5,7,8) **(OPTION 3)** Wholemeal Sandwiches with Salad Bar (2,3,4,7,9,13) **(OPTION 4)** or Wraps with Salad Bar (2,4,5,9) **(OPTION 5)**

**All served with unlimited Vegetables and Salad to accompany meals as well as Fresh Baked Bread (2,4,7)**

**Fresh Water and Milk**

**FRUIT AND VEGETABLES ARE SUBJECT TO SEASONAL VARIATIONS**

**VEGETARIAN (V)**

**ALLERGENS**

