

WEEK COMMENCING

4th Nov, 25th Nov - 16th Dec 6th Jan, 27th Jan, 24th Feb, 16th March

WEEK 1

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Quorn southern coated (V) Goujons 2,4,7 Seasoned Wedges 2 Seasonal Vegetables	Sausages 14 Creamed Potato 7 Gravy Seasonal Vegetables	Barbecue Chicken 2 OR Chicken Korma 7,9 Rice Seasonal Vegetables	Roast Turkey Yorkshire Puddings 2,4,7 Creamed Potatoes 7 Seasonal Vegetables Gravy	Battered Fish 2,5, Fish Cake 2,5,7 Chips Peas/Mushy Peas Beans
For Allergens see numbers in brackets next to each dish and refer to the table below					
OPTION 2	Stir Fry Noodles (V) Crispy Vegetables 1,2,4	Vegetarian Sausage (v)2,13,14 Creamed Potato 7 Cauliflower/Broccoli	Tomato Pasta (v) 2-7 Seasonal Vegetables Garlic Bread 2,4,7	Quorn Roast (v) 4 Yorkshire Puddings 2,4,7 Roast Potatoes Creamed Potatoes 7 Seasonal Vegetables Gravy	Fishless Finger (v)1, 2, Chips Mushy Peas Beans
DESSERT CHOICE	Fruity Flapjack Custard 7 Whip 7 Cheese and Crackers 2,4,7 Fresh Fruit Salad Jelly Yoghurts 7	Strawberry Whip 7 Chocolate Crackle 2-7 Whip 7 Fresh Fruit Salad Yoghurts 7 Jelly Cheese and Crackers 2,4,7	Rice Pudding 7 Whip 7 Fresh Fruit Cheese and crackers 2,4,7 Jelly Yoghurts 7	Sticky Toffee Pudding 2-4-7 Custard 7 Fresh Fruit Salad Cheese and Crackers 2,4,7 Jelly Whip 7 Yoghurts 7	Friday Bake Lemon Sponge 2,4,7 Selection of Cupcakes 2,4,7 Cheese and Crackers 2,4,7 Fresh Fruit Jelly Whip 7

We also offer Jacket Potatoes with various fillings (4,5,7,8) (**OPTION 3**) Wholemeal Sandwiches with Salad Bar (2,3,4,7,9,13) (**OPTION 4**) or Wraps with Salad Bar (2,4,5,9) (**OPTION 5**)

**All served with unlimited Vegetables and Salad to accompany meals
aswell as Fresh Baked Bread (2,4,7)
Fresh Water and Milk**

FRUIT AND VEGETABLES ARE SUBJECT TO SEASONAL VARIATIONS

VEGETARIAN (V)

ALLERGENS

